

GET THIS
LOOK



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SKILL LEVEL:
INTERMEDIATE



Equipment



- Heat Press

Garment



Teamwork Athletic — Adult Roll Out Football
Jersey, Style 1375

Materials



- Pre-Cut Letters and Numbers in Premium Plus™
— Neon Green (foreground) and Thermo-FILM®
Metallic Silver (background)

Accessories



- Stahls' Layout Guide
- Kraft Paper Cover Sheet
- Squeegee

How-To Instructions



Temperature: 330° degrees

Pressure: Medium

1. Space out background name using the layout guide.
2. Mask name using masking strips included with layout guide.
3. Load jersey on 16" x 20" platen, front side up.
4. Preheat to remove moisture and wrinkles from garment.
5. Layout Thermo-FILM® background numbers.
6. Tack at 330° for 3 seconds at medium pressure with a cover sheet.
7. Layout Premium Plus™ foreground numbers.
8. Press at 330° for 10 seconds at medium pressure with a cover sheet.
9. Peel cold.
10. Spin jersey on platen to decorate back.
11. Preheat to remove moisture and wrinkles from garment.
12. Layout Thermo-FILM® background name and numbers.
13. Tack at 330° for 3 seconds at medium pressure with a cover sheet.
14. Peel hot carrier from name.
15. Layout Premium Plus™ foreground letters and numbers.
16. Press at 330° for 10 seconds at medium pressure with a cover sheet.
17. Peel cold.

